

Morning Glory

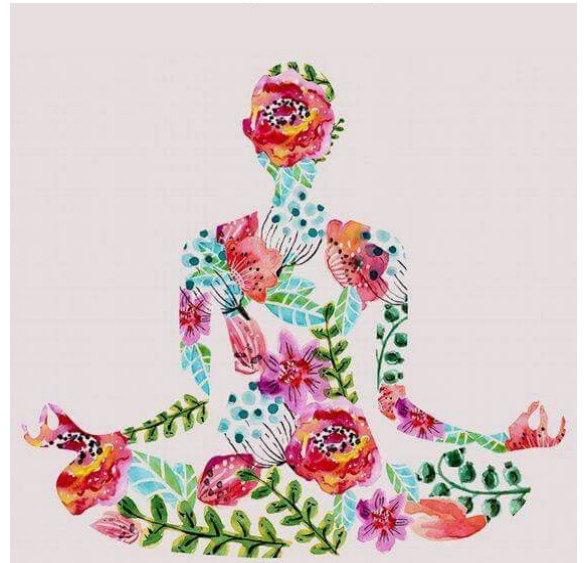
by a passionate perspective



Rise and Shine...

Be ready to engage your senses with a gentle movement, waves of sound and the bliss of pure essential oils.

This stimulating class is a blend of stretching, breathing, meditation, and mantra... helpful for grounding energy, promoting positive thinking, and sparking creativity.



Contact Tracy for more information and registration

Ph.902-382-1002

Email. apassionateperspective@gmail.com

“Everyday is a new beginning, take a deep breath and START AGAIN”!